

OSMICA (ohs-MEE-tseh)
(Bulgaria)

Learned by Yves Moreau, Fall 1971, from village dance group in Mârcevo, Mihajlovgrad District in N.W. Bulgaria. This dance contains the uncommon mixture of the two most popular Bulgarian dance types: the "Pravo" and the "Râcenica." The favorite instruments of musicians in N.W. Bulgaria are the clarinet, fiddle, and drum. One seldom sees gajda, gâdulka, and kaval. This is most probably due to the strong influence from nearby Romania.

Record: Worldtone WT-YM-002 A, Band 1. 2/4 and 7/16 meter
(8 meas of each).

Formation: Short lines of about 8 people -- mixed or segregated. Back basket hold, R arm under, L arm over. Face ctr, wt on L ft.

Style: Knees bent slightly. Steps are small. Upper part of body is erect.

MeasPattern

No Introduction.

I. PRAVO - 2/4 meter.

- 1 Moving straight back, step on R ft (ct 1). Step back on L (ct 2).
- 2 Step bkwd on R (ct 1). Raising L knee slightly, a light kicking action fwd with L ft (ct 2).
- 3 Step sdwd L on L (ct 1). Step on R in back of L (ct 2).
- 4 Step sdwd L on L (ct 1). Raising R knee slightly, a light kicking action fwd with R ft (ct 2).
- 5-6 Repeat pattern of meas 3-4, reversing direction and ftwork.
- 7-8 Repeat pattern of meas 3-4, exactly.

II. RÂCENICA - 7/16 meter (1-2, 1-2, 1-2-3; counted 1,2,3.)

Râcenica Step: Wt on L ft, small leap fwd onto ball of R ft (ct 1). Two small running steps fwd L,R (cts 2,3).

- 1-4 Four Râcenica Steps moving fwd twd ctr.
- 5-7 Three Râcenica Steps in place. (May also be done with slight sdwd motion) R,L,R.
- 8 Sharp stamp with L next to R, no wt (ct 1). Hold (cts 2,3).

NOTE: The dance starts again with the Pravo pattern, but the L ft steps back and the ftwork for both patterns is reversed.

Presented by Yves Moreau